Fresh from Vidalia, Georgia, Generation Farms features a wide variety of seasonal & year-round products. For more than four generations, Generation Farms has been growing green beans, watermelons, and onions.

• Carrots are a root vegetable.
• Carrots get their orange color mainly from beta-carotene, a red-orange pigment found in some plants.
• Carrots were first grown for medicine, not food.
• The average American eats about 12 pounds of carrots a year!

Carrots are a good source of vitamin A!

Georgia grown Carrots served in your café this March!