




Kale & Apples

Georgia grown Kale & locally grown Apples served in your café this January!



Baker Family Farms is an exclusively family operated farm located in Norman Park, GA.

Jimmy Nix & Sons' is a family-owned & operated Apple orchard in Hendersonville, North Carolina.

- Kale is a leafy green vegetable.
- There are over 50 varieties of Kale, and some varieties can grow up to 6 feet tall.
- Apples come in all shades of red, green, and yellow.
- 25% of an Apple's volume is air. That is why apples float!
-  Kale & Apples are packed with vitamin C!

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