



Fulton County Schools 2018 - 2019

High School Breakfast Menu



www.fcsnutrition.com • Menu Subject to Change Based on Product Availability

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of: Jan 7, Feb 4, March 4, April 8, May 6	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Pancake & Sausage Griddle Doughnut Bites Poptart with Yogurt 100% Juice Assorted Fresh Fruit	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt with Doughnut Bites 100% Juice Assorted Fresh Fruit	Chicken Biscuit Cheesy Eggs with Sausage Links & Grits French Toast Sticks Smoothie with Blueberry Muffin Hashbrown 100% Juice • Assorted Fresh Fruit
Week of: Jan 14, Feb 11, March 12, April 15, May 13	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Pancake & Sausage Griddle Doughnut Bites Poptart with Yogurt 100% Juice Assorted Fresh Fruit	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt with Doughnut Bites 100% Juice Assorted Fresh Fruit	Chicken Biscuit Cheesy Eggs with Sausage Links & Grits French Toast Sticks Smoothie with Blueberry Muffin Hashbrown 100% Juice • Assorted Fresh Fruit
Week of: Jan 22, Feb 19, March 18, April 22, May 20	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Pancake & Sausage Griddle Doughnut Bites Poptart with Yogurt 100% Juice Assorted Fresh Fruit	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt with Doughnut Bites 100% Juice Assorted Fresh Fruit	Chicken Biscuit Cheesy Eggs with Sausage Links & Grits French Toast Sticks Smoothie with Blueberry Muffin Hashbrown 100% Juice • Assorted Fresh Fruit
Week of: Jan 28, Feb 25, March 25, April 29	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Pancake & Sausage Griddle Doughnut Bites Poptart with Yogurt 100% Juice Assorted Fresh Fruit	Chicken Biscuit • Sausage Biscuit French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Sausage, Egg & Cheese Croissant Pancake & Turkey Sausage on a Stick Yogurt with Doughnut Bites 100% Juice Assorted Fresh Fruit	Chicken Biscuit Cheesy Eggs with Sausage Links & Grits French Toast Sticks Smoothie with Blueberry Muffin Hashbrown 100% Juice • Assorted Fresh Fruit

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

NOW HIRING CAFÉ WORKERS
770-497-8337
217N@kellyservices.com

Breakfast Price
Student \$1.25 Adult: \$1.60

















This institution is an equal opportunity provider.

Fulton County Schools 2018-2019 High School Lunch Menu

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Menu Subject to Change Based on Product Availability



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of: Jan 7, Feb 4, March 4, April 8, May 6	 Italian Pasta Bake with Garlic Breadstick Classic Pizza Slice	Chicken & Waffles Personal Pan Pizza	Chicken Noodle Soup with Grilled Cheese Buffalo Chicken Pizza	Smokehouse BBQ Sub Personal Pan Pizza	Wings with Roll Classic Pizza Slice
	 Mango Chicken	White Queso Nacho Bowl	General Tso's Chicken	Grande Nacho Bowl	Sriracha Honey Chicken
	 Fresh Deli Subs Burger Sliders	Fresh Deli Subs Bacon Cheeseburger	Fresh Deli Subs Spicy Chicken Sandwich	Fresh Deli Subs Veggie Burger	Fresh Deli Subs Hot Dog
	 Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich
	Sweet Potato Waffle Fries Carrots & Celery	Black Beans Fresh Cucumber, Carrot & Tomato	Mixed Veggies Carrots & Celery	Steamed Broccoli Fresh Cucumber, Carrot & Tomato	French Fries Carrots & Celery
Week of: Jan 14, Feb 11, March 12, April 15, May 13	 Veggie Lasagna with Garlic Breadstick Classic Pizza Slice	Chicken Nuggets with Roll Personal Pan Pizza	Mozzarella Cheese Sticks with Marinara Classic Pizza Slice	Southern Breaded Chicken with Roll Personal Pan Pizza	Seafood Basket Buffalo Chicken Pizza
	 Mango Chicken	Tex Mex Walking Nachos	General Tso's Chicken	Grande Nacho Bowl	Teriyaki Chicken
	 Fresh Deli Subs Chicken Filet Sandwich	Fresh Deli Subs Philly Cheesesteak	Fresh Deli Subs Cheese Steakburger	Fresh Deli Subs Grilled Chicken Sandwich	Fresh Deli Subs Spicy Chicken Sandwich
	 Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich
	California Blend Carrots & Celery	Black Beans Fresh Cucumber, Carrot & Tomato	Tater Tots Carrots & Celery	Green Beans Fresh Cucumber, Carrot & Tomato	Steamed Broccoli Carrots & Celery
Week of: Jan 22, Feb 19, March 18, April 22, May 20	 Meatball Spaghetti Bowl Classic Pizza Slice	Chicken Tenders with Roll Personal Pan Pizza	Tomato Basil Soup with Grilled Cheese Buffalo Chicken Pizza	Chicken of the Day with Roll Personal Pan Pizza	Wings with Roll Classic Pizza Slice
	 Mango Chicken	White Queso Nacho Bowl	General Tso's Chicken	Grande Nacho Bowl	Sichuan Chicken
	 Fresh Deli Subs Burger Sliders	Fresh Deli Subs Veggie Burger	Fresh Deli Subs Spicy Chicken Sandwich	Fresh Deli Subs Cheeseburger	Fresh Deli Subs Fish Filet Sandwich
	 Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich
	Sweet Potato Waffle Fries Carrots & Celery	Black Beans Fresh Cucumber, Carrot & Tomato	Veggie Egg Roll Carrots & Celery	Collard Greens Fresh Cucumber, Carrot & Tomato	French Fries Carrots & Celery Chocolate Chip Cookie
Week of: Jan 28, Feb 25, March 25, April 29	 Salisbury Steak with Roll Classic Pizza Slice	Chicken Nuggets with Roll Personal Pan Pizza	Broccoli & Cheese Soup with Flatbread Classic Pizza Slice	Southern Breaded Chicken with Roll Personal Pan Pizza	Seafood Basket Buffalo Chicken Pizza
	 Mango Chicken	White Queso Nacho Bowl	General Tso's Chicken	Grande Walking Nachos	Teriyaki Chicken
	 Fresh Deli Subs Turkey & Cheese Croissant	Fresh Deli Subs Cheeseburger	Fresh Deli Subs Inferno Burger	Fresh Deli Subs Grilled Chicken Club Sandwich	Fresh Deli Subs Spicy Chicken Sandwich
	 Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich	Chef Selection Salads Jamwich
	Mashed Potatoes Carrots & Celery	Edamame Succotash Fresh Cucumber, Carrot & Tomato	Tater Tots Carrots & Celery	Black-Eyed Peas Fresh Cucumber, Carrot & Tomato	Steamed Broccoli Carrots & Celery

All Grains Offered are Whole Grains

Daily Offerings: Assorted Milk • Assorted Fresh Fruits
Signature Side Salad • Vegetarian Entrees • Wrap of the Day
Locally Sourced Ingredients Offered Regularly

NOW HIRING CAFÉ WORKERS
 770-497-8337 217N@Kellyservices.com

Lunch Price
Student \$2.70 Adult: \$3.45

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