



# Fulton County Schools 2018 - 2019 Elementary Breakfast Menu



www.fcsnutrition.com

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Week of:</b> Jan 7, Feb 4, March 4, April 8, May 6	Pancake & Sausage Griddle  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	French Toast Sticks  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Pancake & Turkey Sausage on a Stick  Smoothie with Blueberry Muffin  100% Juice Assorted Fresh Fruit	Cheesy Eggs with Grits  Cinnamon Toast Crunch Cereal Bar with Yogurt  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit
<b>Week of:</b> Jan 14, Feb 11, March 12, April 15, May 13	Sausage Biscuit  Golden Grahams Cereal Bar with Yogurt  100% Juice Assorted Fresh Fruit	Mini Pancakes  Blueberry Muffin with String Cheese  100% Juice Assorted Fresh Fruit	Egg & Cheese Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	French Toast Sticks  Yogurt Parfait with Cinnamon Toast Crunch Cereal  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit
<b>Week of:</b> Jan 22, Feb 19, March 18, April 22, May 20	Pancake & Sausage Griddle  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	French Toast Sticks  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Pancake & Turkey Sausage on a Stick  Smoothie with Blueberry Muffin  100% Juice Assorted Fresh Fruit	Cheesy Eggs with Grits  Cinnamon Toast Crunch Cereal Bar with Yogurt  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit
<b>Week of:</b> Jan 28, Feb 25, March 25, April 29	Sausage Biscuit  Golden Grahams Cereal Bar with Yogurt  100% Juice Assorted Fresh Fruit	Mini Pancakes  Blueberry Muffin with String Cheese  100% Juice Assorted Fresh Fruit	Egg & Cheese Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	French Toast Sticks  Yogurt Parfait with Cinnamon Toast Crunch Cereal  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit

**Daily Assorted Milk • Daily Fresh Fruits**  
Locally Sourced Ingredients Offered Regularly  
**Daily Vegetarian Option**

Menu Subject to Change Based on Product Availability

This institution is an equal opportunity provider.

NOW HIRING CAFÉ WORKERS  
770-497-8337  
217N@kellyservices.com

**Breakfast Price**  
**Student \$1.10    Adult: \$1.60**

PLATINUM AWARD WINNER



# Fulton County Schools 2018-2019 Elementary School Lunch Menu



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Menu Subject to Change Based on Product Availability

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of:</b> Jan 7, Feb 4, March 4, April 8, May 6	Meatball Spaghetti Bowl Popcorn Chicken with Roll Hummus Bento Box Fresh Fruit Baby Carrots Sweet Potato Waffle Fries	Sichuan Chicken with Brown Rice Black Bean Quesadilla Turkey & Cheese Lunchbox Buddy Fresh Fruit Signature Side Salad Steamed Broccoli	Classic Chili with Cheez-Its Chicken Filet Sandwich Cheese Pizza Pack Fresh Fruit Baby Carrots Oven-Baked French Fries	Chicken of the Day with Roll Burger Sliders Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Black-Eyed Peas	Popcorn Shrimp with Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Fresh Carrot, Cucumber & Tomato Steamed Green Beans
<b>Week of:</b> Jan 14, Feb 11, March 12, April 15, May 13	Veggie Lasagna with Garlic Breadstick Chicken Sliders Turkey & Cheese Wrap Fresh Fruit Baby Carrots Oven-Baked Tater Tots	Mango Chicken with Brown Rice Hamburger Cheese Pizza Pack Fresh Fruit Signature Side Salad Peas & Carrots	Tex Mex Nachos Cheese Nachos Mini Hotdogs Black Bean Taco Salad Fresh Fruit Black Beans Baby Carrots	Southern Breaded Chicken with Roll Mini Cheese Calzone Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Steamed Corn	Fish Filet Sandwich Meat Lover's Pizza Cheese Pizza Slice Jamwich Pack Fresh Fruit Fresh Carrot, Cucumber & Tomato Steamed Broccoli
<b>Week of:</b> Jan 22, Feb 19, March 18, April 22, May 20	Chicken Alfredo with Garlic Breadstick Chicken Nuggets with Garlic Breadstick Hummus Bento Box Fresh Fruit Baby Carrots Green Peas	Teriyaki Chicken with Veggie Fried Rice Chicken Soft Tacos Cheese Pizza Pack Fresh Fruit Signature Side Salad Steamed Broccoli	Tomato Soup with Grilled Cheese Burger Sliders Turkey & Cheese Lunchbox Buddy Fresh Fruit Baby Carrots Oven-Baked French Fries	BBQ Pork Sliders Mozzarella Sticks Turkey Chef Salad Fresh Fruit Signature Side Salad Baked Beans Chocolate Chip Cookie	Popcorn Shrimp with Mac & Cheese Cheese Pizza Slice Mac & Cheese Fresh Fruit Fresh Carrot, Cucumber & Tomato Mixed Veggies
<b>Week of:</b> Jan 28, Feb 25, March 25, April 29	Salisbury Steak with Roll Twisted Mozzarella Breadstick Hummus Bento Box Fresh Fruit Baby Carrots Mashed Potatoes	General Tso's Chicken with Brown Rice Turkey & Cheese Croissant Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Edamame Succotash	Grande Nachos Cheese Nachos Mini Corndogs Grilled Chicken Chef Salad Fresh Fruit Baby Carrots Black Beans	Chicken Drumstick with Roll Cheeseburger Cheese Pizza Pack Fresh Fruit Signature Side Salad Oven-Baked Tater Tots	Seafood Basket Meat Lover's Pizza Cheese Pizza Slice Jamwich Pack Fresh Carrot, Cucumber & Tomato Fresh Fruit Steamed Broccoli

**Daily Assorted Milk • Daily Fresh Fruits & Veggies**

**All grains offered are whole grain-rich**  
*Locally Sourced Ingredients Offered Regularly*

NOW HIRING CAFÉ WORKERS  
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 217N@Kellyservices.com

**Lunch Price**  
**Student \$2.45 Adult: \$3.45**

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